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Hip Injuries and Disorders

physical therapy, or surgery, including hip replacement.

Getting Active After Knee Replacement Might Raise Hip Fracture Risk

Almost 720,000 total knee replacements are carried out in the United States alone each year, according to the U.S. Centers for Disease Control and Prevention.

The new study was led by C.H. Vala, of the Sahlgrenska Academy in Sweden, and involved the medical records of Swedes born between 1902 and 1952. More than 3,200 had a total knee replacement and a subsequent hip fracture, according to medical records dating from 1987 to 2002.

Those who had total knee replacement due to osteoarthritis had a low risk of hip and spinal fractures in the decade before their knee replacement, the researchers said.

However, after the knee replacement, their risk of hip fracture rose by 4 percent and their risk of spinal fracture rose 19 percent, compared to those who did not get a new knee.



Knee Replacement

Also called: Knee arthroplasty
Knee replacement is surgery for people with severe knee damage. Knee replacement can relieve pain and allow you to be more active. Your doctor may recommend it if you have knee pain and medicine and other treatments are not helping you anymore.

When you have a total knee replacement, the surgeon removes damaged cartilage and bone from the surface of your knee joint and replaces them with a man-made surface of metal and plastic. In a partial knee replacement, the surgeon only replaces one part of your knee joint. The surgery can cause scarring, blood clots, and, rarely, infections. After a knee replacement, you will no longer be able to do certain

activities, such as jogging and high-

Purchasing a health insurance can be both simple and complex. It is simple because you just have to pay a premium to get the health insurance coverage, but also is complex since there is more to health insurance than paying the premium. There are so many underlying factors behind it that sometimes people will not bother to really look into it and most of time, get short-changed.

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